

OYURU OSCAR ADIGA

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PERSONAL INFORMATION.

Name: Oyuru Oscar Adiga
Nationality: Ugandan
Date of birth: 13.07.1994
Sex: Male.
Marital status: Married.

PROFESSIONAL SUMMARY / BIOGRAPHY

Oyuru Oscar is an Assistant Sports Tutor at Lira University with over six years of experience in physical education, sports development, and fitness training. His work focuses on coordinating university sports programs, coaching student-athletes, and promoting physical activity and wellness among students. He has previously served as Head of Sports and Co-curricular Activities at Pearl of Africa International School in Entebbe.

CAREER OBJECTIVE

To contribute effectively as an Assistant Sports Tutor at Lira University by applying my knowledge and expertise in sports science and sports management to support the development of university sports programs, promote student participation in physical activity, and foster a culture of excellence in both recreational and competitive sports.

EDUCATION AND TRAINING

- Master of Science in Sports Science (MSc Sports Science) – *In Progress* (**Ndejje University**)
- Bachelor of Science in Sports Science – (**Makerere University**)

WORKING EXPERIENCE

March 2025 to date. Lira University (Assistant Sports Tutor)

- Assist in preparing students for competitions
Help prepare university teams for national, regional, and international sports competitions.
- Implement sports and recreational programs
Support the implementation of sporting and recreational activities for the university community.

- Monitor athletes' health and fitness
Notify the medical team about the physical condition of players to ensure proper medical attention when necessary.
- Support sports tournaments and events
Assist in organizing and running university sports tournaments and recreational events.
- Assist in coaching university teams
Support coaching and technical training of university teams in areas of expertise.
- Manage welfare of student-athletes
Help manage the welfare of sports teams during training and competitions.
- Manage sports equipment and training kits
Oversee the management and proper use of sports equipment and training kits used in sports programs.
- Participate in sponsorship and fundraising activities
Support initiatives aimed at mobilizing resources for sports and recreation programs.
- Supervise sports grounds and support staff
Assist in supervising support staff responsible for maintaining sports grounds and facilities.
- Perform other duties assigned by the Senior Sports Tutor
Carry out additional responsibilities as directed by the Senior Sports Tutor or university management

OTHER WORKING EXPERIENCE INCLUDES.

- **Head of Sports and Physical Education Department**
Pearl of Africa International School, Entebbe
June 2018 – March 2025
- **Part-Time Fitness Instructor**
Be-Active Health and Fitness Club
September 2017 – 2020
- **Fitness Personal Trainer**
Self-employed
June 2015 – Present

- **Intern / Volunteer – Physical Education and Sports**

Uganda Martyrs' Senior Secondary School

June 2016 – September 2017

Research Interests.

- Exercise Physiology
- Athlete Performance and Training
- Sports Injury Prevention
- Physical Fitness and Health Promotion

